# Walker Bros. 

# Food Allergy Information Guide 

## Peanut Allergy

The following information is prepared for our customers who have an allergy to peanuts. If you have a severe allergy to peanuts, speak with the manager to discuss the preparation of your meal.

## The following food entrees do not contain peanut products.

Santa Fe Omelet* Corned Beef \& Eggs* Cherry Kijafa Crepe

Western Omelet* Venicia Benedict*
Bacon or Ham Omelet*
Mediterranean Omelet*
Vegetarian Omelet*
Spinach Omelet* Mushroom Omelet* Cheese Omelet* Bacon \& Eggs* Sausage \& Eggs* Danish Garden Canadian Bacon \& Eggs* French Crepe

Eggs Benedict* The Continental* Minced Ham \& Eggs* Gluten Free Pancakes Apple Pancake German Pancake Dutch Baby

## Sandwiches

Walker Bros. Grilled Cheese Walads Teriyaki Chicken Sandwich Chicken Caesar Salad Tuna Salad Sandwich B.L.T with Smoked Turkey

Spinach Crepe Chipotle Chicken Crepe Banana Crepe Chocolate Crepe Strawberry Waffle Blueberry Waffle Bacon Waffle Belgium Waffle French Toast Challah French Toast
*Entrees are offered with a side of buttermilk pancakes (which contain peanut oil), here are some options for substitution: Toast, Sliced tomatoes, Gluten Free Pancakes (additional charge) Fresh Fruit (additional charge) and Hash Browns (additional charge)
The following side items do not contain peanut products.

| Bacon | Turkey Sausage | Oatmeal | Hash Browns |
| :--- | :--- | :--- | :--- |
| Ham | Links | Fruit | Grilled Potatoes |
| Sausage Patties | Canadian Bacon | Sliced Tomatoes |  |


| Sausage Patties | Canadian Bacon |
| :--- | :--- |
| Sausage Links | Corned Beef Hash |
| Salsa |  |

## Gluten Allergy

The following information is prepared for our customers who have an allergy to Gluten or Wheat. If you have a severe allergy to Gluten or wheat, speak with the manager to discuss the preparation of your meal.
The following food entrees do not contain Gluten or Wheat:

Santa Fe Omelet*
Western Omelet*
Bacon or Ham Omelet*
Mediterranean Omelet*
Vegetarian Omelet* Spinach Omelet* Mushroom Omelet*

Minced Ham \& Eggs*

Gluten Free Pancakes Salads (No Bialy/No

## Croutons)

Strawberry Pecan Salad Walker's Chopped Salad Chicken Caesar Salad Tossed Salad
*Entrees are offered with a side of buttermilk pancakes or toast (which contain wheat products), here are some options for substitution: Sliced tomatoes, Gluten Free Pancakes (additional Charge) Fresh Fruit (additional charge) and Hash Browns (additional charge)
The following side items do not contain Gluten or Wheat:
$\begin{array}{lll}\text { Bacon } & \text { Corned Beef Hash } & \begin{array}{l}\text { Sliced Tomatoes } \\ \text { Salsa }\end{array} \\ \begin{array}{ll}\text { Gam }\end{array} & \text { Oatmeal Potatoes }\end{array}$
Canadian Bacon Fruit
Hash Browns
***Sausage Patties \& Links and Turkey Sausage Links are made with flour. Ask your server to have them made without flour.***
The following sauces do not contain Gluten or Wheat:
Sauces - Tropical Sauce, Apricot Puree, Lingonberries, Apple Syrup, Maple Syrup, Diet Syrup, Blueberry Compote, Apple Sauce, Hollandaise Sauce, Banana Filling for the Banana Crepe
Dressings - Citrus Vinaigrette, Ranch, Caesar, Bleu Cheese, 1000 Island and Balsamic Vinaigrette
The following sandwiches can be ordered without bread upon request: B.L.T. with Smoked Turkey

Tuna Salad Sandwich
The following sauces contain Gluten and Wheat and are not recommended for someone allergic to Gluten or Wheat:

Mushroom Sauce
Teriyaki Sauce
Chipotle Chicken Sauce

## Milk Allergy

The following information is prepared for our customers who have an allergy to milk. If you have a severe allergy to milk, speak with the manager to discuss the preparation of your meal.

## The following food items do not contain milk products.

| Egg White Omelets* | Eggs Poached | Fruit |
| :--- | :--- | :--- |
| cooked in Pam | Egg Whites cooked in PAM | Sliced Tomatoes |
| (All of our omelettes can be | Tuna Salad Sandwich** | Salsa |
| made with egg whites) | B.L.T. with Smoked Turkey** |  |
| Eggs cooked in PAM | Oatmeal |  |

The following meat products can be ordered as a side or as an entree with two eggs* Bacon Ham Sausage Patties Sausage Links Turkey Sausage Links Canadian Bacon
Depending on the severity of your allergy the following items are made with clarified butter and may contain some traces of milk.
Omelets*
Grilled Potatoes**
Eggs (Basted, Over Easy, Over Medium,
Teriyaki Chicken Sandwich (No Parmesan Over hard, Over Well and Scrambled) Cheese)**
Hash Browns
Walker's Chopped Salad (No Bleu Cheese)
The following sauces do not contain milk products:
Sauces - Tropical Sauce, Apricot Puree, Lingonberries, Apple Syrup, Maple Syrup,
Diet Syrup, Blueberry Compote, Apple Sauce
Dressing - 1000 Island and Citrus Vinaigrette
The following sauces contain milk products and are not recommended for someone allergic to milk:

Mushroom sauce
Hollandaise Sauce
Banana Filling for the Banana Crepe
$\begin{array}{ll}\text { Chipotle Chicken Sauce } & \begin{array}{l}\text { Ranch } \\ \text { Sour Cream }\end{array} \\ \text { Caesar }\end{array}$
Bleu Cheese

* Some Entrees are offered with a side of buttermilk pancakes (which contains milk products), here are some options for substitution: Toast, Sliced tomatoes, Fresh Fruit (additional charge)
**Sandwiches are offered with grilled potatoes or soup. Grilled potatoes are cooked with clarified butter and may contain some traces of milk. Fresh Fruit can be substituted.
This information is prepared for our customers who have the following allergies. If you have a severe allergy to any of the following, speak with the manager to discuss the preparation of your meal.


## Tree Nuts Allergy (Pecans)

The following items contain Tree Nuts (Pecans) and are not recommended for someone allergic to Tree Nuts (Pecans): Pecan Pancakes, Pecan Waffle, Strawberry Pecan Salad

## Aspartame Allergy

The following items contain Aspartame and are not recommended for someone allergic to Aspartame: Equal Diet Syrup

## Yellow \#5 Allergy

The following items contain Yellow \#5 and is not recommended for someone allergic to Yellow \#5: Mushroom Sauce

## Sulfites Allergy

The following items contain Sulfites and is not recommended for someone allergic to Sulfites: Potato Pancakes

## Soy Allergy

The following information is prepared for our customers who have an allergy to Soy. If you have a severe allergy to Soy, speak with the manager to discuss the preparation of your meal. The following Food Entrees do not contain Soy products:
Santa Fe Omelet*
Turkey Links \& Eggs*
French Crepes

Western Omelet*
Bacon or Ham Omelet*
Ham \& Eggs*
Mediterranean Omelet*
Vegetarian Omelet*
Spinach Omelet*
Mushroom Omelet*
Cheese Omelet*
Corned Beef \& Eggs*
The Continental*
Minced Ham \& Eggs* Spinach Crepes

Apple Pancake
Dutch Baby
German Pancake
Danish Garden
Sausage \& Eggs*
Canadian Bacon \& Eggs*
Sandwiches (No Bread)
B.L.T. with Smoked Turkey
(No Mayo)
Cherry Kijafa Crepes
Chipotle Chicken Crepe Chocolate Crepes Banana Crepes Potato Pancakes Strawberry Waffle Blueberry Waffle Bacon Waffle Pecan Waffle Belgium Waffle

## Salads (without dressing)

Walker's Chopped Salad
Chicken Caesar

* These items are offered with a side of buttermilk pancakes or toast (both have soy in them), here are options for substitution: Sliced tomatoes, Fresh Fruit (additional charge) and Hash Browns (additional charge)
The following side items do not contain soy products:
Bacon Turkey Links Fruit Hash Browns $\begin{array}{llll}\text { Ham } & \text { Canadian Bacon } & \text { Sliced Tomatoes } & \text { Grilled Potatoes } \\ \text { Sausage Patties } & \text { Corned Beef Hash } & \text { Salsa } & \end{array}$ Sausage Patties Corned Beef Hash Salsa Oatmeal

The following sauces do not contain Soy:
Sauces - Tropical Sauce, Apricot Puree, Lingonberries, Apple Syrup, Maple Syrup, Diet Syrup, Blueberry compote, Apple Sauce, Hollandaise Sauce, Banana Filling for the Banana Crepe, Mushroom Sauce, Chipotle Chicken Sauce, Sour Cream
The following dressings contain Soy and are not recommended for someone allergic to Soy: Ranch, Citrus Vinaigrette, 1000 Island, Caesar, Bleu Cheese, Balsamic Vinaigrette \& Mayonnaise

## EgG Allergy

The following information is prepared for our customers who have an allergy to eggs. If you have a severe allergy to eggs, speak with the manager to discuss the preparation of your meal.

| The following food items do not contain egg products. |  |  |  |
| :--- | :--- | :--- | :--- |
| Bacon | Sausage Links | Oatmeal | Salsa |
| Ham | Turkey Links | Fruit | Hash Browns |
| Sausage Patties | Canadian Bacon | Sliced Tomatoes | Grilled Potatoes |

Grilled Potatoes
The following salads can be ordered without egg upon request. Please see the dressing selections below to see what dressings do not have egg in them, substitute as needed.

Walker's Chopped Salad
Tossed Salad
Chicken Caesar Salad Strawberry Pecan Salad
The following sandwiches can be ordered without bread upon request.
B.L.T with Smoked Turkey (no mayo)

Teriyaki Chicken
The following sauces do not contain egg products.
Sauces - Tropical Sauce, Apricot Puree, Lingonberries, Apple Syrup, Maple Syrup, Diet Syrup, Blueberry Compote, Apple Sauce, Mushroom Sauce, Sour Cream and Banana Filling Dressing - Citrus Vinaigrette, Ranch, Balsamic Vinaigrette
The following sauces contain egg products and are not recommended for someone allergic to milk: Hollandaise Sauce, Caesar Dressing, Bleu Cheese Dressing, 1000 Island Dressing, Mayonnaise

